



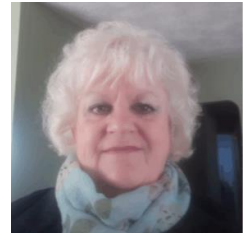
Merry Christmas

And
Happy New Year

From the Desk of the Pres

Where does the time go? It seems just like just yesterday the curling season started. Now Christmas is upon us. The Board of Directors would like to take this opportunity to wish each member and their families a safe and happy holiday season.

Merry Christmas Gert Brydges



Falls on the Ice: What to Do

Curling is played on ice and falls sometimes happen. What we don't always know is what to do for the injured player. Here are some guidelines:

1. Stop play on the affected sheet of ice. Other participants not directly affected should **stay back and out of the way** unless an individual has medical experience. Give the injured player room to recover without a crowd looking on.
2. The injury should be assessed. The following observable signs may indicate a possible concussion or serious injury:
 - a) Lying motionless on the playing surface or loss of consciousness
 - b) Slow to get up after a direct or indirect hit to the head
 - c) Disorientation or confusion / inability to respond appropriately to questions
 - d) Blank or vacant look
 - e) Balance or gait difficulties, absence of regular motor coordination, stumbling, slow laboured movements
 - f) facial injury after head trauma

If any of these observable signs present, please call an ambulance **immediately**. Do not ask the injured player as they may be in shock and unaware of their injuries.

Curling is a wonderful game but accidents do happen. Wear head gear if you are concerned at all about balancing on the ice. If we all play safe and respond appropriately to injuries, we can all continue to play for years to come.

Celebrating 150 Years: More Details

- Tickets are on sale now for the New Years Eve Dance. Contact [Gert Brydges](#) at or ask at the Bar.
- Calling all members who would like to try their hand at acting and assist in a short skit at the 150th Anniversary 'Spiel on Feb 10. Contact Catherine Valleau at valleaucats6@gmail.com.
- A 150th Celebration Spiel is in the plan. Our convenor, Keith Moss, would like help in getting our whole community out to play. The spiel is limited to 24 teams and players handicapped to even out the playing field. Let's talk it up and get our community curling!

Renfrew Curling Rink



Men's & Ladies' Club Championship

January 27 & 28

Cost: \$60 ea. (plus. HST)
Saturday Lunch & Dinner

Sign-up on Peach Bulletin Board

Women's Division Teams will be drawn

Men's division fixed teams

For more information contact:

Laurie Millar at lauriemillar@gmail.com
Anne MacNeil at eamac12@gmail.com
Dennis Saumure at dsaumure@macfm.com

Renfrew Curling Happenings

KUDOS WALL				
Cash 'Spiel Larry Beaton Dave Luce Marg Dawson Dustin Zohr Tammy Wall Laurie Millar Bill Bowles Dennis Saumure Rob Warren Gert Brydges & kitchen crew Logan Wright on bar.	Flooring & Sink BKM Carpentry Mike Fortier Brian Hewitt Ken Inglis	Rookies & Juniors Nancy Saumure Tammy Wall Pam McFarlane Brian Hewitt	Autumn Leaves & Low Cup Yvonne Sklepowicz Barb Roy Suzanne Gaudet	Low Cup Lunch Anne Windle Yvonne Sklepowicz Lyn Joyce
		Music Nights Peter Crate	Ice Shed Matt St Louis	Goldline Pop Up Shop Gert Brydges
Friendlies Lunch Joan Eaton Louise Bowles	"Lunch and Learn" Barb Westgarth Barb Roy	Booking Bartenders Cathy Valleeau Cathy Black	2nd TV and Receiver Dustin Zohr Peter Crate	

Renfrew Curling Rink Breakfast

Tuesday January 30
7 – 10 am

Breakfast includes
 Scrambled Eggs
 Pancakes
 Peameal Bacon & Sausage
 Baked Beans
 Toast
 Coffee/Juice

\$10/person
 Bring a Friend...Public Welcome!
 Proceeds to Renfrew Curling Rink

For more information contact
 Don Roubie, Bill Bowles, Ron Townson, Larry Beaton, Bernie Leclaire or Barry Hamman

OPEN CURLING - There will be open curling on Tuesday Dec 19 1pm-3pm, Wednesday Dec 20 7pm-9pm and Thursday Dec 21 1pm-3pm. ALL are welcome

FOOD BANK - A donation bins for non-perishable items and cash for the Food Bank is in the upstairs dining hall

WINTER SEASON HAS ARRIVED - There is a shovel and broom inside the front door. Please feel to clean the step to prevent tracking in to the rink

150th Crested Clothing on Sale Now!

150th crested clothing is available for order. The clothing will be at all draws over the next two weeks to have the opportunity to see, try on and order. Last date for order before the new year is December 14th and payment must be made at time of order. Contact Anne MacNeil at eamac12@gmail.com or Sue Beaton at suelarbea@gmail.com for more information.



Mark your Calendar!

December 31 New Years Eve Dance	Spaghetti Spiel Jan 5 & 6
Jan. 27 & 28 Club Championship	Feb. 1 – 4 Crystal Heart Curling Classic
Feb. 9 & 10 150 th Celebration Spiel	Feb. 24 Cash Doubles Spiel
Mar. 8 & 9 Charlie Ricard Memorial Spiel	Family Day Spiel Mar.23

Renfrew Curling 150th Anniversary 'Spiel'
February 9 & 10 2024

2 Six End Games
 \$65 + HST/person incl.
 Snacks Friday Night
 Lunch & Supper on Saturday
 All in our community are welcome
 Join us in celebrating 150 years!

For more information contact or to join in email us at renfrewcurling@gmail.com
 Sign-up also on Peach Bulletin Board

And Now for Something Completely Different



Renfrew Curling Rink

NEW YEAR'S EVE DANCE
\$30/person
7:30pm – 1:00 am
 Appetizers, Late Night Snacks & Champagne Toast
 Music by DJ Craig Wright
 Tickets on Sale Now!
 Contact Gert Brydges or Check at the Bar

Wishing you all a safe, healthy & happy holiday season

